

# PATIENT CARE RECORD - OUTDOORS

See the reverse for notes on patient care and rescue

<b>Name of Patient</b>	<div style="display: flex; justify-content: space-between;"> <span style="width: 45%; border-bottom: 1px solid black; margin-bottom: 2px;">First Name</span> <span style="width: 45%; border-bottom: 1px solid black; margin-bottom: 2px;">Surname</span> </div>	Sex	M / F
Home Address		Age	

<b>Date Found</b>	<b>Time Found</b>
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<b>Where Found</b>	Map Number	GR
Landmarks Nearby		

<b>Chief Complaint</b>	
Events Leading to Incident	
Past Medical History	
Medic Alert details (if applicable)	
Allergies	

A	LoC	Breaths		Pulse		Pupils		Pain	Skin
Date and time	AVPU	Rate / min	Depth, noise, rhythm, effort, odours	Rate / min	Rhythm, strength	Size, reaction to light		Pain score	Colour, temperature, moisture
						L	R		

B	Body		Food and Drink	Medication
Date and time	Bodily functions	Positioning	Amount consumed	What, amount taken, method

# PATIENT CARE NOTES AND RESCUE

See the reverse for recording patient care

Records of the patient to be made when found, and at regular intervals.  
Make two copies - one remain with the patient Care Party and one go out with the Warning Party

Record the date and time the patient was found, and date and time of the injuries (if known). Record all times in 24 hour format.

Record the location of the patient now, including features that may assist in guiding a Recue Party to the site. Include reference the features visible from the air and on foot.

Describe the principal injury, and any significant secondary injuries.  
Describe what is know of the events that led to the incident.  
Record known medical conditions that may have an impact on the present health of the patient.  
Record medical details from a Medical Alert tag.  
Record known allergies.

## TIME

Section A - record 4 at 15 minute intervals, then 6 hourly

Section B - record as things happen

LEVEL OF CONSCIENCENESS - A = Alert, V = Verbal (able to talk),

P = Pain (in pain), U = Unconscious

BEATHS -

PULSE - rhythm regular or irregular

PUPILS -

PAIN - score 1 - 10

1 = a pinch, 5 = pain you can just cope with, 10 = worst ever pain

SKIN -

BODY - function includes incontenance, vomitting, spasms

- positioning includes lying, foetal, fitting, rigid, out of position

- record anything unusual

GENERAL - Do not rush to get help.

Appoint a leader of the Care Party and the Warning Party.

Take time to assess the situation, the options, and plan the activities of the patient Care Party and the Warning Party.

Prepare a map of the area (improvised if necessary).

Assess the total time that could be involved, and plan to include the worst case.

Assess the resources and gear available, and allocate it to either the Care Party or the Warning Party.