



Hamilton
Tramping Club

PO Box 766
Hamilton

First Aid Kits Suggested for Parties

1. Antihistamine Tabs 20 -Allergies and stings
2. Antihistamine cream
3. Antiseptic cream
4. Steristrip skin sutures
5. Cavit -Temporary filling for teeth
6. Crepe bandages -4" and 6"
7. Diastop/Lomotil -Diarrhoea
8. Elastoplast dressing strip
9. Vaseline
10. Furacin -Burns
11. Eye ointment -Styes
12. Large wound dressings -Sealed, compressed brand
13. Micropore tape -Butterfly closures
14. Needles and cotton
15. Notebook and pencil
16. Paracetamol tabs
17. Salt tabs
18. Paracetamol Gauze squares -Sterile for burns
19. Safety pins
20. Small, sharp scissors
21. Slick plaster
22. Zinc Oxide plaster
23. Spenco Second skin -Blisters
24. Sterile dressings -Telfa type
25. Triangular bandages
26. Tweezers